

Navigating the mental health system

The Cameron K. Gallagher Mental Health Resource Center helps families navigate and access services in Virginia by serving as the community's go-to resource for accurate, essential information on children's mental health and evidence-based practices.

We also partner with more than 100 Richmond-area pediatric primary care providers to help providers and families understand the mental health options available for children and assist them in finding therapists, psychiatrists or other appropriate services.

Family support

Dealing with emotional, social and behavioral issues can be challenging and sometimes overwhelming. Our family navigators support families along their journey. Our model uses the valuable experiences of families who have navigated the mental health system, providing one-on-one support and referral assistance to families seeking services for their children.

Education

The Mental Health Resource Center offers education on children's mental health topics for families and health care providers through:

- Trainings and workshops
- Printed materials
- Web-based resources at mentalhealth4kids.org

Community collaboration

The Mental Health Resource Center is a true community collaboration guided by a program advisory group made up of parents, mental health providers, advocacy groups and other parties concerned with improving access to children's mental health services.



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Contact information

Health care providers can request services, or families may call directly. Using a secure fax system, providers may also request that the Mental Health Resource Center contact the family.

Virginia Treatment Center for Children

1308 Sherwood Avenue
Richmond, Virginia 23220

Phone: 804-828-9897

Secure fax: 866-594-3117

mentalhealth4kids.org